ASHOKA
INSTITUTE OF TECHNOLOGY AND MANAGEMENT

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COUNSELLING AND GUIDANCE COMMITTEE

The Student counseling and guidance committee is constituted with the intension to provide emotional support to needy students and staff to manage excel in their life. In the era of competitive world, students of this age are experiencing social, personal and academic problems in their day to day life. The growing pressure to excel everywhere may leads to emotional or psychological uncertainty, thus it disturbs one's peace of mind. Following Counseling and Guidance Committee (CGC) is set up to assist students.

FUNCTION

1. To help the students in solving their personal, educational, social as well as psychological problems.
2. To create awareness about issues and problems related to mental health of student.
3. To motivate faculty in counseling activities.
4. To help students identify the points which are affecting their academic and personal life performance.
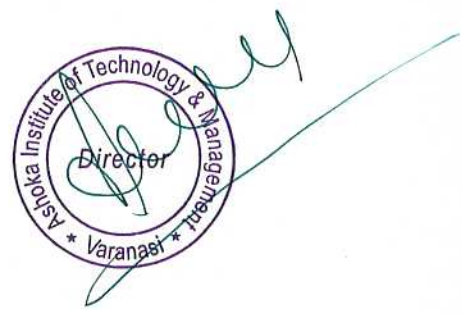
RESPONSIBILITIES

1. Solve personal problems of student by conducting individual counseling session.
2. Boost self-esteem of weaker /physically challenged students.
3. Diagnose the learning difficulties of students and help them to overcome the same.
4. Help the students to overcome examination stress or fear.
5. Conduct training program on counseling skills for faculty & staff.
6. Conduct seminars for students on mental health and addiction issues.
7. Refer the students to professional psychiatrics or counselors in severe cases.
8. Inform the parents about psychological misbehavior of the student.

Sr. No.	Name	Designation
1.	Mr. Prashant Pandey	Convener
2.	Mr. O. P. Sharma	Co- Convener
3.	Dr. Farhan Ahmad	Member
4.	Dr. Ashwamedh Maurya	Member

5.	Mr. S. N. Singh	Member
6.	Mr Arjun Kumar	Member
7.	Mr. Sonam Patel	Member

FREQUENCY OF THE MEETINGS – Committee meets every month and on specific Issues and moments as and when required.